

Last \_\_\_\_\_

## Pop Warner Little Scholars, Inc.



## 2009 PHYSICAL FITNESS & MEDICAL HISTORY FORM

Special Note: This form must be dated after January 1, 2009 and then submitted to your LOCAL Pop Warner organization. No other forms are acceptable unless Section II is modified or substituted ONLY to comply with local and/or state laws or because of medical practitioner regulations (i.e. the medical practice insists on its own form). In either case, Section I must still be filled out entirely and attached to the modified/substituted form. Section II must be completed in its entirety ONLY by a Licensed State Examiner (medical doctor, , nurse practitioner, etc.) Section I: FOR PARENT/GUARDIAN COMPLETION ONLY

\_Middle\_

First\_\_\_\_

Legal Name of Participant (must match birth certificate):

| Address:_  |   |            |                     |
|------------|---|------------|---------------------|
| City:      | State:Zip:  |            |                     |
| Telephone  | e No:   |            |                     |
|            | rth: Male Female  |            |                     |
| Name of F  | Primary Medical Insurance Company:  | -          |                     |
| Policy Nu  | mber:Membership Number:   |            |                     |
| Name of F  | Primary Insured:  |            | _                   |
|            | eck one): Cheer Dance Tackle Flag   |            |                     |
|            | PANT MEDICAL HISTORY  |            |                     |
| 1.         | Are there any injuries requiring medical attention?                         | Yes        | No                  |
| 2.         | Are there any past surgeries or scheduled surgeries?                        | Yes        | No                  |
| 3.         | Is the participant currently under the care of a medical practitioner?      | Yes        | No                  |
| 4.         | Is the participant currently taking any medications?                        | Yes        | No                  |
| 5.         | Does the participant have any allergies (penicillin, bee stings, etc)?      | Yes        | No                  |
| 6.         | Does the participant have asthma/require the use of an inhaler?             | Yes        | No                  |
| 7.         | Is the participant diabetic/require medication for diabetes?                | Yes        | No                  |
| 8.         | Does the participant currently require medication?                          | Yes        | No                  |
| 9.         | Does/has the participant have/had seizures?                                 | Yes        | No                  |
| 10.        | Does the participant wear glasses or contact lenses?                        | Yes        | No                  |
| 11.        | Does the participant wear a brace or other medical support device?          | Yes        | No                  |
| 12.        | Does the participant have any other physical limitations or                 | 105        | 110                 |
| 12.        | medical conditions?   | Yes        | No                  |
| If you ans | wered yes to any of the above questions, please provide the question number |            |                     |
| following  |   |            | •                   |
|            | <del>-</del>  |            |                     |
|            |   |            |                     |
|            |   |            |                     |
|            |   |            |                     |
| I hereby o | certify that this information is accurate to the best of my knowledge. It   | ınderstan  | d that this medical |
|            | tion may be voided in the event of injury, illness or accident and my chi   |            |                     |
|            | tion at such time. Furthermore, I hereby acknowledge that it is my resp     |            |                     |
|            | ach or organization official in writing if there is any change in the medi  |            |                     |
|            | rstand that it's my responsibility to obtain written permission from my     |            |                     |
|            | tationary in order to seek permission for my child to resume participati    |            |                     |
|            | ness or accident.   | on arter a | ny and an such      |
| mjury, m   | ness of accident.   |            |                     |
| Signature  | of Parent or Legal Guardian:  |            | _                   |
| Print Nam  | e   |            | _                   |
| Relationsh | nip to Participant  |            | _                   |
| Dated      |   |            |                     |
| 1/16/2009  |   |            |                     |



## Pop Warner Little Scholars, Inc.



## Section II: THIS SECTION IS TO BE COMPLETED ONLY BY A MEDICAL PROFESSIONAL

| Name of Participant:                                       |                |                |  |  |  |
|--|----------------|----------------|--|--|--|
| (Please check the following if healthy or note otherwise): |                |                |  |  |  |
| Height   | Weight         | Eyes           |  |  |  |
| Ears   | Mouth          | Nose & Throat  |  |  |  |
| Respiratory  | Cardiovascular | Neurological   |  |  |  |
| Muskoskeletal  | Dermatological | Blood Pressure |  |  |  |

I hereby certify that I am a licensed state examiner and have examined the above named individual and understand that he/she will be involved in participating in Pop Warner football, cheer or dance programs. I hereby swear and attest that this individual is physically fit and I have found no medical reason which would prevent this individual from safely participating in Pop Warner activities for the 2009 season. I am therefore clearing this individual for athletic participation without limitation.

|                                    | -                       |                      |  |
|------------------------------------|-------------------------|----------------------|--|
| Signed                             |                         | Date:                |  |
| Print Name                         |                         |                      |  |
| Please indicate medical profession | (M.D., D.O. R.N., etc.  | )                    |  |
| Complete this section or the medic | al professional's stamp | may be placed below. |  |
| Address                            | City                    | State                |  |
| Telephone                          | /F                      | ax Number:           |  |

Please place medical professional stamp here or fill out the following:

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